

# SHOREWOOD SWIM CLUB

2017 Long Course Open

(A-BB+B-C)

Friday, June 9<sup>th</sup> - Sunday, June 11<sup>th</sup>, 2017

Sanction

- Location:** Walter Schroeder Aquatic Center  
9240 N. Green Bay Rd.  
Brown Deer, WI 53209
- Meet Directors:** David Westfahl  
414-861-7946  
[davewestfahl@shorewoodswimclub.com](mailto:davewestfahl@shorewoodswimclub.com)
- Facility:** Indoor 50 meter pool with 8 lanes; 30" blocks; custom bulkhead, gutters, and starting blocks; 6 ½' depth at the starting end and 17' depth at the non-starting end; 7' lanes with non-turbulent lane-lines.  
The Competition Course has been certified in accordance with USA Swimming's Rule 104.2.2(c). The copy of such certification is on file with USA Swimming.
- Timing:** Fully automatic Colorado timing equipment and scoreboard;  
manual timing with 2 watches per lane
- Rules:** 2017 USA Swimming and Wisconsin LSC rules will prevail
- Time Schedule:**
- Friday PM  
4:30-5:00 General Warm Ups  
5:00-5:30 Sprint/Pace, General Warm Ups as needed  
5:35 Meet start
- Saturday AM  
8:00-8:30 General warm-up  
8:30-9:00 Sprint, Pace, General warm-ups as needed  
9:05 Meet Start
- Saturday PM  
Warm-ups will start immediately following AM Session  
Swimmers will be guaranteed at least a 45 minute warm up
- Sunday AM  
7:00-7:30 General warm up  
7:30-8:00 Sprint, Pace and General warm ups as needed  
8:05 Meet Start
- Sunday PM  
Warm ups will start immediately following the AM Session  
Swimmers will be guaranteed at least a 45 minute warm up

THREE POINT ENTRIES FROM THE STARTING END OF THE POOL DURING  
GENERAL WARM-UPS WILL BE ENFORCED FOR ALL  
SANCTIONED/APPROVED COMPETITION.

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- Timeline:** A tentative meet timeline will be available on or before Wednesday, June 7<sup>th</sup> on the Shorewood Swim Club website.
- Meet Format:** The meet will be timed finals. Swimmers must report directly to the blocks for all events. Fly-over starts will be used for all events. There will be positive check-in for the Friday night events (400 Free and 400 IM). The Friday night 400 free and 400 IM may be limited to the top 24 (14&U) and top 40 (Senior) swimmers in each event. Open slots will be filled if there are not 40 entrants for one gender in each event. The host club reserves the right to limit all 200 meter events to no fewer than five (5) heats, in the interest of following the 4-hour meet session guideline (as needed).
- Eligibility:** All swimmers must be registered with USA Swimming by the entry deadline. Coaches/entry chairs will be notified by Wisconsin swimming of any individual not registered or registered incorrectly, and the swimmer must be properly registered by the start of the meet. Swimmers age as of June 9<sup>th</sup>, 2017 will determine age group eligibility for the meet. Out of state swimmers should bring proof of USA Swimming membership to the meet.
- Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.
- Entries:** Each swimmer may compete in one (1) event Friday and up to three (3) individual events, plus relays, Saturday and Sunday. Entries should be submitted using **Long Course Meter Times**. This meet will be run using HyTek Meet Manager. All entries should be submitted in a HyTek compatible file format (as an e-mail attachment) with a hard copy. Entries will be limited to 3500 individual entries for the meet.
- Entry Fees:** \$5.00 per individual event  
\$12.00 per relay  
\$3.00 splash fee per swimmer  
\$6.00 facility fee per swimmer  
Checks made payable to "**Shorewood Swim Club**".  
All fees must accompany entries and are non-refundable.
- Entry Deadline:** Entries must be received by **Wednesday, May 31<sup>st</sup>, 2017**. Entries should be submitted by Hy-Tek file via e-mail, along with hard copy of entries. Fees and waiver can be turned in at the start of the meet.

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- Mail entries:** Entry files e-mailed to: [davewestfahl@shorewoodswimclub.com](mailto:davewestfahl@shorewoodswimclub.com)
- Completed entry forms, fees and waivers can be turned in at the meet or mailed to the following address:  
David Westfahl  
6140 N. Alberta Ln.  
Glendale, WI 53217
- Relays:** Relay sheet will be provided in the coach's packets at the start of the meet. Coaches should complete the relay sheet and return them to the pool office no later than 30 minutes before the start of the session.
- Deck Entries:** Deck entries (at \$10.00 per event) will be allowed to fill open lanes at the discretion of the meet director. Submitting team must supply full name, birthdate, and a valid USA Swimming registration number. Teams deck entering will be held responsible for any fines or fees levied due to incorrect data.
- Deck Registration:** Deck registration will not be allowed at this meet.
- Awards:** All swimmers will swim as one class by age group (8&U, 10&U, 11-12, 13-14, SR) and gender (female and male).  
14&U: Medals will be given for 1<sup>st</sup>-3<sup>rd</sup> in individual events and ribbons will be awarded for 4<sup>th</sup> – 16<sup>th</sup> places.  
Ribbons will be awarded for 1<sup>st</sup> – 6<sup>th</sup> in relay events  
SR: Ribbons will be awarded for 1<sup>st</sup> -16<sup>th</sup> place in individual events  
Swimmers will be eligible for awards in the class in which they are seeded.
- Heat Sheets/  
Admission:** \$5.00 per day admission for spectators over 12. Heat sheets will be made available online on or before Wednesday, June 7<sup>th</sup> after all entries are imported and the meet is seeded. All admissions are cash only.
- Final Results:** All teams will receive final results via e-mail by Wednesday, June 14<sup>th</sup>, 2017. Results will also be available on the Shorewood Swim Club web site, and the Wisconsin Swimming web site.
- Concessions:** A variety of food and drink items will be available.
- Disabled Swimmers:** If a club is entering a disabled swimmer, please make a note to that effect on the meet entry.
- Lost & Found:** Located near the east lobby admissions area adjacent to the glass office.

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**First Aid:** First aid will be available from the lifeguards

**Conduct:** Each team will be responsible for the conduct of its swimmers and parents. Misconduct will be dealt with by the meet marshals, meet director, and Head Official, and may result in disqualification from participation and/or immediate expulsion from the premises. Smoking is not allowed within 50 feet of the facility. No food or coolers may be brought into the building, due to city code. There can be no lounging in the hallway between the main lobby and cafeteria area, due to Brown deer fire codes. Per USA Swimming rules, only coaches, swimmers and meet workers are allowed on deck and in the lower bleacher areas. Spectators must sit in the upper grandstand and leave the lower grandstand for swimmers and coaches. Swimmers are encouraged to stay in the lower bleachers. Coaches must display valid 2015 USA Swimming credentials at all times. Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms.  
DECK CHANGE: Except where venue facilities require otherwise, changing into or out of swimsuits other than in locker rooms or other designated areas is prohibited.

**Officials:** Head Official – Monna Arvinen-Barrow ([arvinenb@uwm.edu](mailto:arvinenb@uwm.edu))  
Administrative Official – Paul Dix ([pauldorisdix@gmail.com](mailto:pauldorisdix@gmail.com))  
There will be a minimum of two starter referees and four officials in total each session.

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#### Friday, June 9<sup>th</sup>, 2017

4:30 Warm Up 5:35 Meet Start

<u>Girl's</u>	<u>Event Description</u>	<u>Boy's Event</u>
1*	14&U 400 IM	2*
3*	SR 400 IM	4**
5*	14&U 400 Free	6*
7**	SR 400 Free	8**

\* May be limited to top 24 entered

\*\* May be limited to top 40 entered

#### Saturday, June 10<sup>th</sup>, 2017

AM Session – 8:00 warm up 9:05 meet start

<u>Girl's</u>	<u>Event Description</u>	<u>Boy's</u>
9	14&U 100 Back	10
11	SR 100 Back	12
13	14&U 50 Free	14
15	SR 50 Free	16
17	14&U 200 Breast	18
19	SR 200 Breast	20
21	14&U 100 Fly	22
23	SR 100 Fly	24
25	14&U 200 Free	26
27	SR 200 Free	28

#### Sunday, June 11<sup>th</sup>, 2017

AM Session – 7:00 Warm Up 8:05 Meet start

<u>Girl's</u>	<u>Event description</u>	<u>Boy's</u>
61	14&U 100 Free	62
63	SR 100 Free	64
65	14&U 200 Fly	66
67	SR 200 Fly	68
69	14&U 200 Back	70
71	SR 200 Back	72
73	14&U 100 Breast	74
75	SR 100 Breast	76
77	14&U 200 IM	78
79	SR 200 IM	80

PM Session – Immediately following the conclusion of the

AM session (45 minute warm up)

<u>Girl's</u>	<u>Event Description</u>	<u>Boy's</u>
29	10 & Under 200 Free Relay	30
31	11-12 200 Free Relay	32
33	8 & Under 50 Fly	34
35	10 & Under 50 Fly	36
37	11-12 50 Fly	38
39	8 & Under 100 Free	40
41	10 & Under 100 Free	42
43	11-12 100 Free	44
45	8 & Under 50 Breast	46
47	10 & Under 50 Breast	48
49	11-12 50 Breast	50
51	8 & Under 100 Back	52
53	10 & Under 100 Back	54
55	11-12 100 Back	56
57	10 & Under 200 Free	58
59	11-12 200 Free	60

PM Session – Immediately following the conclusion of AM

Session (45 minute warm up)

<u>Girl's</u>	<u>Event description</u>	<u>Boy's</u>
81	10 & Under 200 Medley Relay	82
83	11-12 200 Medley Relay	84
85	8 & Under 100 Fly	86
87	10 & Under 100 Fly	88
89	11-12 100 fly	90
91	8 & Under 50 Back	92
93	10 & Under 50 Back	94
95	11-12 50 Back	96
97	8 & Under 100 Breast	98
99	10 & Under 100 Breast	100
101	11-12 100 Breast	102
103	8 & Under 50 Free	104
105	10 & Under 50 Free	106
107	11-12 50 free	108
109	10 & Under 200 IM	110
111	11-12 200 IM	112

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## Meet Waiver

In consideration of acceptance of this entry, I/we hereby, for myself/ourselves, my/our heirs, administrators, and assigns, waive and release any and all claims against USA Swimming, Wisconsin Swimming, the Shorewood Swim Club, Rite-Hite YMCA, and the Walter Schroeder Aquatic Center, for injuries and/or expenses incurred by me/us at the meet, or while on the road to and from the meet. I/we are bona-fide amateur athletes and eligible to compete in all events I/we have entered.

CLUB NAME AND ABBREVIATION: \_\_\_\_\_

SIGNATURE OF CLUB OFFICIAL: \_\_\_\_\_

COACHES AT MEET: \_\_\_\_\_

CLUB PERSON TO CONTACT REGARDING ENTRIES:

NAME: \_\_\_\_\_ PHONE: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

E-MAIL: \_\_\_\_\_

### Recap of Entries

Individuals Entered:	_____	x \$5.00=	_____
(minus) Reservation Fee Paid:			_____
Net Individual Amount Due:		=	a _____
Splash Fee: # of Swimmers	_____	x \$3.00 =	b _____
Facility Fee # of Swimmers	_____	x \$6.00 =	c _____
Relay Fee: # of Relays	_____	x \$12.00 =	d _____
Total Amount of Check:		a+b+c+d =	_____

Make Check Payable to "Shorewood Swim Club"

Entry Deadline: Wednesday, May 31<sup>st</sup>, 2017

E-Mail Entries to: Dave Westfahl at

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